FREE!

Summer Yoga!

For Students, Faculty, & Staff

Get your Zen on...

Thursdays

July 9th—August 13th

4:00 pm—5:00 pm

Dance Studio, T-Building, C Level*

Beginners welcome!

Wear comfortable clothing

Bring a mat or use ours

***LOCATION CHANGE**

Sponsored by:

The Women's Center & Counseling Department

Instructors: Jessica Greenfield, LCSW, RYT-200

Rachel Shanken, LMHC, RYT-200

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