FREE!

Yoga

Wednesdays

Get your Zen on...

Beginning January 31st, 2018

Wednesdays

Community Hour (1:40 pm-2:40 pm)

T-Building, 3rd Floor, Combative Room

Beginners welcome!

Wear comfortable clothing

Bring a mat or use ours

Sponsored by:

The Women's Center for Gender Justice

Instructor:

Jessica Greenfield, LCSW, RYT-200

JOHN JAY COLLEGE OF CRIMINAL JUSTICE

CUNY The City University of New York